



My Prayer Journal

2024

First of all, I ask that you pray for all people. Ask God to bless them and give them what they need. And give thanks.² You should pray for rulers and for all who have authority. Pray for these leaders so that we can live quiet and peaceful lives—lives full of devotion to God and respect for him.³ This is good and pleases God our Savior. [1 Thess. 5:17](#)



How do you pray an intercessory prayer?

To pray an effective intercessory prayer, we must begin with a heart that is surrendered to the leading of the Holy Spirit. We should come before God in humility and with a sincere desire to see His will accomplished in the lives of those we are praying for.

We should then seek God's guidance in our prayers, asking Him to reveal to us His heart and His plan for the people we are interceding for.

As we pray, we should be willing to listen and to be [led by the Holy Spirit](#), allowing Him to guide our words and our actions.

We should also be persistent in our intercession, continuing to pray even when we don't see immediate results.

We must trust that God is at work, even when we can't see it, and we should be willing to persevere in prayer until we see His plan come to fruition.

We should always pray in faith, believing that God is able to do immeasurably more than we could ever ask or imagine.

We should trust that He will answer our prayers according to His perfect will, and we should remain steadfast in our faith, even in the midst of trials and difficulties.

For it is through our faith and our prayers that we can truly make a difference in the lives of those around us, and it is through the power of the Holy Spirit that we can see God's Kingdom come and His will be done on earth as it is in heaven.

What are the 4 steps of intercession?

Intercession is powerful and it [allows](#) us to communicate with God on behalf of ourselves and others.

The four steps of intercession are:

- 1. Preparation** - Before entering into intercession, it is important to prepare our hearts and minds to be open to [God's leading](#). This can include confessing sin, seeking forgiveness, and asking the Holy Spirit to guide us.
- 2. Identification** - To effectively intercede for others, we must identify with their needs and concerns. This involves empathizing with their struggles and taking time to understand their situation.
- 3. Petition** - Once we have identified the needs of those we are interceding for, we can bring those requests before God. We can ask Him to provide comfort, healing, guidance, or whatever else is needed.
- 4. Thanksgiving** - After we have prayed for the needs of others, it is important to give [thanks to God](#) for His faithfulness and provision. We can also praise Him for the opportunity to intercede and for the relationship we have with Him.

Through these steps of intercession, we can draw closer to God and [see His hand at work](#) in the lives of those for whom we are praying.

Intercessory Prayer Bible Scripture Verses (KJV)

1 Timothy 2:1 - I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men;

Matthew 18:19-20 - Again I say unto you, That if two of you shall agree on earth as touching any thing that they shall ask, it shall be done for them of my Father which is in heaven.

Romans 8:26 - Likewise the Spirit also helps our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

James 5:13-16 - Is any among you afflicted? let him pray. Is any merry? let him sing psalms.

Isaiah 62:6 - I have set watchmen upon thy walls, O Jerusalem, which shall never hold their peace day nor night: ye that make mention of the LORD, keep not silence,

Matthew 7:11 - If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father which is in heaven give good things to them that ask him?

Jude 1:20 - But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost,

Job 42:10 - And the LORD turned the captivity of Job, when he prayed for his friends: also the LORD gave Job twice as much as he had before.

John 15:7 - If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

Ephesians 6:12, For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

Ephesians 6:18 - [Praying always](#) with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

John 16:23-24 - And in that day ye shall ask me nothing. Verily, verily, I say unto you, Whatsoever ye shall ask the Father in my name, he will give it you.

Matthew 21:22 - And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.

Isaiah 59:16 - And he saw that there was no man, and wondered that there was no intercessor: therefore his arm brought salvation unto him; and his righteousness, it sustained him.

Ephesians 3: 14-20 For this cause I bow my knees unto the Father of our Lord Jesus Christ,¹⁵ Of whom the whole family in heaven and earth is named,¹⁶ That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;¹⁷ That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,¹⁸ May be able to comprehend with all saints what is the breadth, and length, and depth, and height;¹⁹ And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

